

*...the clinical approach
to home health equipment*



YOUR ONE CALL MEDICAL SPECIALISTS



MEDIREST



Our Mission...

is to improve the lives of Alabama's citizens by providing the best medical equipment and service available. We treat every patient as if they are part of our own family.

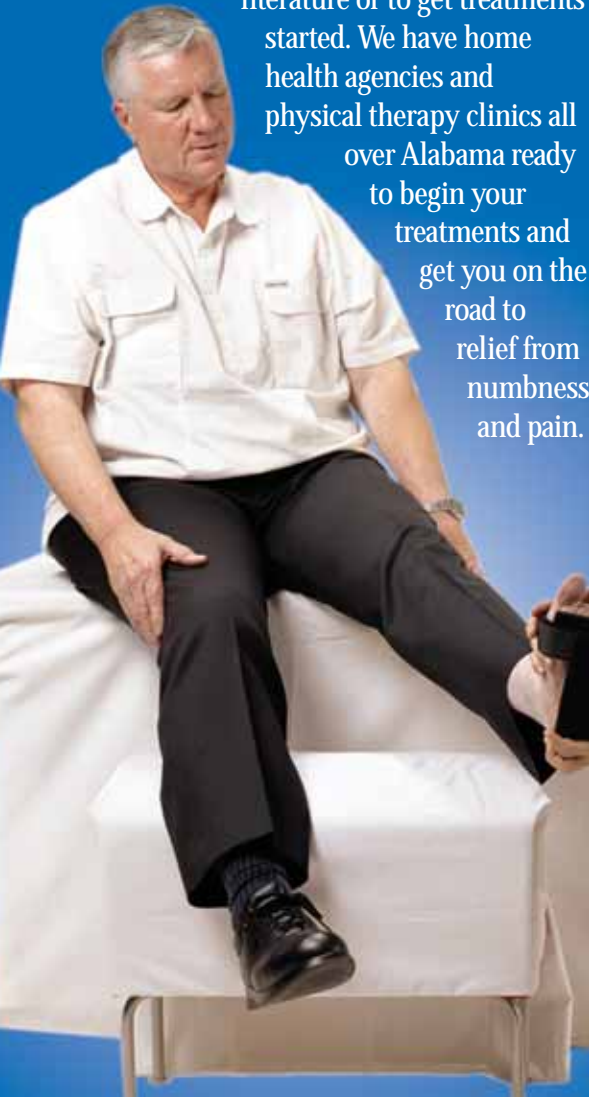
Medirest...

was founded to raise the standard of care for people in need of medical assistance. To do this, we assembled a team of clinicians to help provide the most appropriate equipment for the best prices. Healthcare professionals providing healthcare equipment... a unique approach that helps reduce cost and improve the lives of our citizens.

INFRARED THERAPY

Infrared Therapy is a safe, Medicare approved, drug-free, non-invasive device that uses near-infrared light to increase circulation and reduce pain. Used on thousands of patients since 1994, Infrared Therapy increases local circulation in patients with Diabetic Peripheral Neuropathy, who often have severe vascular impairment. The results of this improved circulation have been published in several major medical journals and include improved sensation and nerve function, pain reduction and healing of chronic wounds. Studies also show that treatment with this therapy can improve balance and gait and reduce the risk of falls by 96% in the elderly patient with neuropathy.

MediRest is Alabama's exclusive distributor for Infrared Therapy. Call today for case studies, literature or to get treatments started. We have home health agencies and physical therapy clinics all over Alabama ready to begin your treatments and get you on the road to relief from numbness and pain.



Diabetic Neuropathy was considered progressive and irreversible... until now.



Conditions that are responsive to Infrared Therapy:

- Diabetic Neuropathy (DPN)
- Peripheral Vascular Disease (PVD)
- Arthritis
- Chronic Wounds
- Joint Contractures
- Edema
- Carpal Tunnel

www.infraredtherapy.net

(205) 942-1616

Medirest

At MediRest, we take mobility seriously. As the largest provider of wheelchair products in Alabama, we take extra care to make sure that every chair meets the clinical and lifestyle needs of the client. From an inexpensive transport chair to a head operated motorized wheelchair, MediRest has your mobility solutions. We have a huge inventory of the top brands and can customize a wheelchair or scooter for just about any need. Our Seating Team is available for free in-home fittings to make sure that the chair will work in the home environment.

M O B I



Call today to

L I T Y



- Manual Wheelchairs
- Motorized Wheelchairs
- Bariatric (obese) Chairs
- Cushions
- Custom Wheelchair Modifications
- Scooters
- Ramps
- Vehicle Lifts
- Repairs and Service



Yes, you can.™

set up a free wheelchair assessment

Orthotics can help solve a wide variety of problems from knee or back pain to carpal tunnel syndrome to foot drop. Our staff is specially trained and certified to help get the right brace and the right fit for the specific condition involved. Also, MediRest offers a clinically driven Contracture Management Program to help any clients with contracted joints or joint stiffness. Most orthotics can be fit in the comfort and privacy of the home, so call today to schedule an appointment with one of the members of the Orthotics Team.

ORTHO



Call today to set up

OPTICS



Most diabetics can benefit from the appropriate diabetic footwear and inserts. Usually covered by insurance, diabetic shoes and inserts are designed by pedorthists to protect fragile diabetic feet, which may have poor circulation and a high risk of wounds and subsequent amputations. Diabetic shoes come in a wide variety of styles, colors, and materials and can be fit at home or at our facility. Our staff is specially trained and certified to help select the diabetic shoes most appropriate for the lifestyle of the client.



Yes, you can.™

a free in-home safety assessment

Being able to walk safely and without pain can easily be taken for granted. For people with conditions impairing that ambulation, every step can be painful and dangerous and can lead to inactivity and physical decline. One of the goals at MediRest is to help our customers maintain their independent walking with the proper use of ambulatory aids. Having the best walker or cane can mean the difference between safe, pain free ambulation and becoming wheelchair bound or having falls. Our staff clinicians will gladly help you select the safest and most appropriate product from our wide selection of the top ambulation aids.



AMBULA



The clinical ap

TORY AIDS



Lift chairs can be a big help to those who can walk, but are unable to stand up from a seated position. A lift chair can also benefit clients that have poor control when returning to a seated position and fall backwards rather than sitting down safely. Lift chairs come in many styles, colors and price ranges. We offer powered lift chairs and non-powered, portable lift assisting devices for every level of need. Come see and test the latest styles of lift chairs in our Homewood showroom.



Yes, you can.™

proach to safe and pain free walking

Most falls and injuries occur in the home, but almost all can be prevented with the right safety equipment. The bathroom, kitchen, steps and entryways are all danger zones that can be simply adapted for safety. That's why MediRest has the most comprehensive line of Home Safety equipment at the best prices available. From bath benches to grab bars to patient lifts to ramps, MediRest has your home safety solutions in stock. Keep yourself active and independent by safeguarding your home environment before a fall or other injury happens. Call MediRest today to set up a free, in-home safety assessment with one of our specialists.

HOME



Call today to set

SAFETY



- Tub Seats/ Tub Benches
- Elevated Toilet Seats
- Bedside Commodes
- Flexible Shower Heads
- Grab Bars
- Ramps
- Patient Lifts
- Bariatric Safety Equipment



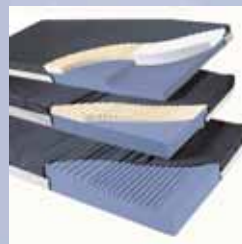
Yes, you can.™

up a free in-home safety assessment

Sleeping on the right bed and mattress can make a huge difference in our overall health. Because we spend so much of our lives in bed, choosing the right bed is critical for bed bound and other clients. The appropriate sleep surface can reduce pain, prevent or heal pressure sores, and improve breathing and digestion. MediRest has an extensive selection of beds and specialty mattresses in stock, ready for immediate delivery. Call one of our Support Surface Specialists for a free consultation today.

- Electric Beds
- Hospital Beds
- Bariatric (obese) Beds
- Enclosure (Vail) Beds
- Tempur-Pedic Beds

BEDS & M



SPANAmerica
Innovative Solutions

Gel-lite[®]

The clinical app

ATTRESSES



At MediRest, we are serious about preventing and healing wounds. Our Wound Care Team is comprised of clinicians that use an outcomes-based approach to healing ulcers, bed sores, and other wounds. Working with the physicians, the treatment nurses and the caregivers, we make sure all aspects of wound healing are addressed so the wounds heal quickly and efficiently. To prevent wounds we have a wide variety of preventive mattresses, gel overlays, and positioning devices. All of our beds come standard with a soft foam mattress rather than an innerspring mattress. Then, if a wound does develop, the client is referred to the Wound Care Team and we help select the best air mattress available for that specific wound.

- Low Air Loss Mattresses
- Alternating Pressure Mattresses
- Air Fluidized Beds
- Lateral Rotation beds
- ROHO[®] and Star[®] Mattresses
- Bariatric (obese) Mattresses



Yes, you can.[™]

Approach to effective Wound Management



ENTERAL NUTRITION SERVICES/ TUBE FEEDING

MediRest is Alabama's premier provider of tube feeding products. Our Nutrition Team uses the latest in diagnosis specific products to insure the best possible outcomes. Each month, we monitor our clients' nutritional intake and work with the physician to make adjustments as necessary. We stock a complete line of formulas for those who suffer from wounds, diabetes, renal disorders, and many other conditions. Call today for a complete nutritional assessment with our Nutrition Team.

POST-MASTECTOMY

Our post-mastectomy clients have a special place in our hearts and we know that fitting for a breast prosthesis is a very sensitive matter. Our Mastectomy Specialist has designed a program that offers a personal touch to the selection and fitting of the proper breast forms and undergarments. At your convenience, she will visit with you in the privacy of your home to show the newest post-mastectomy products. We are proud to offer a wide selection of today's lightest and most comfortable products for post-mastectomy care. Call today to set up a private home appointment.

PAIN MANAGEMENT

Living with chronic pain can be very difficult and, for many, pain medications can have unpleasant side effects. Suffering with injuries, arthritis, neuropathy, or other types of pain can keep us from reaching our goals or just doing our daily activities. So, we have assembled a line of products that can help alleviate or reduce many types of pain or discomfort. From back or knee braces to heating pads to specialty beds to Infrared Therapy for neuropathy, MediRest may be able to help.

ADDITIONAL CARE



CAMP

Repairs/Service...

No matter where you got it, our repair department will repair most types of medical equipment professionally and quickly. We service most brands of wheelchairs, scooters, beds, and other durable medical equipment. Pick-up and delivery is available and we offer rental equipment while you wait for your repairs to be done.



MEDI REST

233 Oxmoor Circle
Birmingham, AL 35209
(205) 942-1616 (888) 333-1266
medirest@mindspring.com
www.medirestonline.com

DIRECTIONS:

From I-65, exit at Oxmoor Road. From I-65 North, it will be exit 256A; From I-65 South, it will be exit 256. Travel west approximately 0.8 miles. Pass Buffalo Rock Bottling Plant and turn left at the second light onto Oxmoor Circle. We are 100 yards on the left.

